Comprehensive Primary Care for Adults With HIV

December 2022

Table 5: Primary Prevention for Adults With HIV

Type	Recommended Guideline(s)	Comments
Tobacco smoking	USPSTF: Tobacco Smoking Cessation in Adults, Including Pregnant Persons: Interventions (2021)	• USPSTF: – Screen all adults for tobacco use. – Recommend cessation. – Provide behavioral interventions and FDA-approved pharmacologic therapy. • Resources: Millionhearts.hhs.gov: – Protocol for Identifying and Treating Patients Who Use Tobacco – Identifying and Treating Patients Who Use Tobacco: Action Steps for Clinicians – Tobacco Cessation Change Package
Unhealthy alcohol and drug use	NYSDOH AI: Substance Use Screening and Risk Assessment in Adults (2020)	• NYSDOH AI: – Screen all adults for alcohol, tobacco, and drug use. – Assess level of use and treat as indicated. Laboratory screening is not recommended. • Resources: – USPSTF: Unhealthy Alcohol Use in Adolescents and Adults: Screening and Behavioral Counseling Interventions (2018) – NYSDOH AI: Substance Use Harm Reduction in Medical Care, Treatment of Alcohol Use Disorder, and Treatment of Opioid Use Disorder
Cardiovascular disease	USPSTF: • Aspirin Use to Prevent Cardiovascular Disease: Preventive Medication (2022) • Statin Use for the Primary Prevention of Cardiovascular Disease in Adults: Preventive Medication (2022) • Healthful Diet and Physical Activity for Cardiovascular Disease Prevention in Adults With Cardiovascular Risk Factors: Behavioral Counseling Interventions (2022)	Resources: • American College of Cardiology ASCVD Risk Estimator Plus • Characteristics, Prevention, and Management of Cardiovascular Disease in People Living With HIV: A Scientific Statement From the American Heart Association

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Depression	USPSTF: Screening for Depression in Adults (2016)	• USPSTF: Screen for depression, with adequate systems in place to ensure accurate diagnosis, effective treatment, and appropriate follow-up. • Resources: – PHQ-2 – PHQ-9 – C-SSRS
Domestic violence	USPSTF: Intimate Partner Violence, Elder Abuse, and Abuse of Vulnerable Adults: Screening (2018)	• Screen for domestic violence, including intimate partner violence, child abuse, and elder abuse.
Sexually transmitted infections	USPSTF: Sexually Transmitted Infections: Behavioral Counseling (2020)	• USPSTF: Provide behavioral counseling for all sexually active adults and adolescents. • Include discussion of appropriate vaccinations.
Neural tube defects in pregnancy	USPSTF: Folic Acid for the Prevention of Neural Tube Defects: Preventive Medication (2017)	• USPSTF: Folic acid supplementation is recommended for individuals who are planning or capable of pregnancy.
Breast cancer	USPSTF: Breast Cancer: Medication Use to Reduce Risk (2019)	• USPSTF: – Risk-reducing medications, such as tamoxifen, raloxifene, or aromatase inhibitors are recommended for women who are at increased risk of breast cancer and at low risk of medication-related adverse events. – Routine preventive medication is not recommended for women who are not at increased risk. • Note: This committee advises clinicians to screen for breast cancer in transgender and transfeminine men and cisgender females.
Skin cancer	USPSTF: Skin Cancer Prevention: Behavioral Counseling (2018)	• USPSTF: Counsel patients to minimize ultraviolet radiation.
Falls	USPSTF: Falls Prevention in Community-Dwelling Older Adults: Interventions (2018)	• USPSTF: Exercise interventions are recommended for adults ≥65 years old who are at increased risk for falls. • Note: This committee advises clinicians to include osteoporosis screening.
Abbreviations: ASCVD, atherosclerotic cardiovascular disease; C-SSRS, Columbia-Suicide Severity Rating Scale; FDA, U.S. Food and Drug Administration; NYSDOH AI, New York State Department of Health AIDS Institute; PHQ, Patient Health Questionnaire; USPSTF, U.S. Preventive Services Task Force.		