



# CLINICAL GUIDELINES PROGRAM

NEW YORK STATE DEPARTMENT OF HEALTH AIDS INSTITUTE | HIV · HCV · SUBSTANCE USE · LGBT HEALTH

## Comprehensive Primary Care for Adults With HIV

February 2021

Table 5: Primary Prevention for Adults With HIV		
Type	Recommended Guideline(s)	Comments
Tobacco smoking	USPSTF: <i>Tobacco Smoking Cessation in Adults, Including Pregnant Women: Behavioral and Pharmacotherapy Interventions</i> (2015)	<ul style="list-style-type: none"> <li>• USPSTF:               <ul style="list-style-type: none"> <li>– Screen all adults for tobacco use.</li> <li>– Recommend cessation.</li> <li>– Provide behavioral and FDA-approved pharmacologic therapy.</li> </ul> </li> <li>• Resources: <i>Millionhearts.hhs.gov</i>:               <ul style="list-style-type: none"> <li>– <i>Protocol for Identifying and Treating Patients Who Use Tobacco</i></li> <li>– <i>Identifying and Treating Patients Who Use Tobacco: Action Steps for Clinicians</i></li> <li>– <i>Tobacco Cessation Change Package</i></li> </ul> </li> </ul>
Unhealthy alcohol and drug use	NYSDOH AI: <i>Substance Use Screening and Risk Assessment in Adults</i> (2020)	<ul style="list-style-type: none"> <li>• NYSDOH AI:               <ul style="list-style-type: none"> <li>– Screen all adults for alcohol, tobacco, and drug use.</li> <li>– Assess level of use and treat as indicated. Laboratory screening is not recommended.</li> </ul> </li> <li>• Resources:               <ul style="list-style-type: none"> <li>– USPSTF: <i>Unhealthy Alcohol Use in Adolescents and Adults: Screening and Behavioral Counseling Interventions</i></li> <li>– NYSDOH AI: <i>Harm Reduction Approach to Treatment of All Substance Use Disorders, Treatment of Alcohol Use Disorder, and Treatment of Opioid Use Disorder</i></li> </ul> </li> </ul>
Cardiovascular disease	USPSTF: <ul style="list-style-type: none"> <li>• <i>Statin Use for the Primary Prevention of CVD in Adults: Preventive Medication</i> (2016)</li> <li>• <i>Aspirin Use to Prevent CVD and Colorectal Cancer: Preventive Medication</i> (2016)</li> <li>• <i>Healthful Diet and Physical Activity for CVD Prevention in Adults With Cardiovascular Risk Factors: Behavioral Counseling Interventions</i> (2014)</li> </ul>	<ul style="list-style-type: none"> <li>• Resources:               <ul style="list-style-type: none"> <li>– <i>American College of Cardiology Atherosclerotic Cardiovascular Disease (ASCVD) Risk Estimator Plus</i></li> <li>– <i>Characteristics, Prevention, and Management of Cardiovascular Disease in People Living With HIV: A Scientific Statement From the American Heart Association</i></li> </ul> </li> </ul>

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Depression	USPSTF: <i>Depression in Adults: Screening</i>	<ul style="list-style-type: none"> <li>USPSTF: Screen for depression, with adequate systems in place to ensure accurate diagnosis, effective treatment, and appropriate follow-up.</li> <li>Resources: <ul style="list-style-type: none"> <li><i>Patient Health Questionnaire-2 (PHQ-2)</i></li> <li><i>PHQ-9</i></li> <li><i>Columbia-Suicide Severity Rating Scale (C-SSRS)</i></li> </ul> </li> </ul>
Domestic violence	USPSTF: <i>Intimate Partner Violence, Elder Abuse, and Abuse of Vulnerable Adults</i>	<ul style="list-style-type: none"> <li>Screen for domestic violence, including intimate partner violence, child abuse, and elder abuse.</li> </ul>
Sexually transmitted infections	USPSTF: <i>Sexually Transmitted Infections: Behavioral Counseling</i>	<ul style="list-style-type: none"> <li>USPSTF: Provide behavioral counseling for all sexually active adults and adolescents.</li> <li>Include discussion of appropriate vaccinations.</li> </ul>
Neural tube defects in pregnancy	USPSTF: <i>Folic Acid for the Prevention of Neural Tube Defects: Preventive Medication</i>	<ul style="list-style-type: none"> <li>USPSTF: Folic acid supplementation is recommended for individuals who are planning or capable of pregnancy.</li> </ul>
Breast cancer	USPSTF: <i>Breast Cancer: Medication Use to Reduce Risk</i>	<ul style="list-style-type: none"> <li>USPSTF: <ul style="list-style-type: none"> <li>Risk-reducing medications, such as tamoxifen, raloxifene, or aromatase inhibitors are recommended for women who are at increased risk for breast cancer and at low risk for medication-related adverse events.</li> <li>Routine preventive medication is not recommended for women who are not at increased risk.</li> </ul> </li> <li>Note: <a href="#">This committee</a> advises clinicians to screen for breast cancer in transgender and transfeminine men and cisgender females.</li> </ul>
Skin cancer	USPSTF: <i>Skin Cancer Prevention: Behavioral Counseling</i>	<ul style="list-style-type: none"> <li>USPSTF: Counsel patients to minimize ultraviolet radiation.</li> </ul>
Falls	USPSTF: <i>Falls Prevention in Community-Dwelling Older Adults: Interventions</i>	<ul style="list-style-type: none"> <li>USPSTF: Exercise interventions are recommended for adults ≥65 years old who are at increased risk for falls.</li> <li>Note: <a href="#">This committee</a> advises clinicians to include osteoporosis screening.</li> </ul>
<p><b>Abbreviations:</b> CVD, cardiovascular disease; FDA, U.S. Food and Drug Administration; NYSDOH AI, New York State Department of Health AIDS Institute; USPSTF, U.S. Preventive Services Task Force.</p>		