PrEP Pre-Prescription Patient Evaluation Checklist

Medical Care Criteria Committee, January 2020

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<th>PrEP PRE-PRESCRIPTION PATIENT EVALUATION CHECKLIST</th>
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<td>From the New York State Department of Health AIDS Institute guideline PrEP to Prevent HIV and Promote Sexual Health</td>
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- **READINESS AND WILLINGNESS TO ADHERE TO PrEP**
  - Assess health literacy and assure that the purpose, benefits, and risks associated with PrEP are understood.
  - Identify potential barriers to adherence.

- **HIV STATUS OF PATIENT’S SEX PARTNER(S)**
  - Does the patient have sex partners who are known to have HIV?
    - If yes, ask about each partner:
      - Is the partner’s viral load status known?
      - Provide information about U=U.

- **POTENTIAL DRUG-DRUG INTERACTIONS**
  - Take a thorough medication history that includes prescription drugs, over-the-counter drugs, and nonprescription therapies.
  - Identify nephrotoxic medications and the potential need for increased renal monitoring.

- **SUBSTANCE USE AND MENTAL HEALTH STATUS [a]**
  - Refer to the Mental Health Screening quick reference guide.

- **PSYCHOSOCIAL STATUS**
  - Perform a psychosocial assessment.
  - Refer for appropriate social and psychological support services as indicated.

- **REPRODUCTIVE PLANS**
  - Is the patient trying to conceive?
  - Is the patient currently using contraception? If not, is the patient interested in using hormonal contraception or another effective method of contraception in addition to condoms?
  - Is the patient or the patient’s partner currently pregnant?
  - Is the patient currently breastfeeding?
  - If yes to any of the above, consult the recommendations and information in the guideline section Pregnancy Screening and Management.

- **PrEP PAYMENT ASSISTANCE**
  - Connect the individual to resources for assistance with payment, such as the NYSDOH PrEP Assistance Program.
  - Other resources can be found through NYSDOH Payment Options for Pre-Exposure Prophylaxis (PrEP).

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[a] Substance use, mental health disorders, and psychosocial challenges are not exclusionary criteria. Assessment allows the clinician to provide appropriate referrals and offer a tailored prevention plan. Substance use and mental health disorders may be barriers to adherence and cofactors for increased risk for HIV acquisition.