Box 2: Individuals Who Should Be Offered Pre-Exposure Prophylaxis (PrEP)

- Candidates who should be offered PrEP include individuals who:
  - Engage in condomless sex with partners whose HIV status is unknown, or who have untreated HIV, or who have unsuppressed virus while on treatment for HIV. [Smith, et al. 2012; Grov, et al. 2013].
  - Are attempting to conceive with a partner who has HIV.
  - Are at ongoing risk of HIV acquisition during pregnancy [Heffron, et al. 2016] through inconsistent condom use with sex partners who have unsuppressed virus.
  - Have, or are involved with partners who may have, multiple or anonymous sex partners.
  - Engage in sexual activity at parties and other high-risk venues, or have sex partners who do so.
  - Are involved, or have partners who may be involved, in transactional sex (i.e., sex for money, drugs, food, or housing), including commercial sex workers and their clients.
  - Have been diagnosed with at least 1 bacterial sexually transmitted infection (STI) in the previous 12 months [Zetola, et al. 2009; LaLota, et al. 2011].
  - Report injecting substances or having sex partners who inject substances, including illicit drugs, hormones, or silicone.
  - Are receiving non-occupational post-exposure prophylaxis (nPEP) and anticipate ongoing risk or have used multiple courses of nPEP [Heuker, et al. 2012].
  - Request the protection of PrEP even if their sex partners have an undetectable HIV viral load (see the discussion of U=U, below).
  - Self-identify as being at risk without disclosing specific risk behaviors.
  - Acknowledge the possibility of or anticipate engaging in risk behaviors in the near future.

- Do not withhold PrEP from candidates who:
  - Are pregnant or planning a pregnancy.
  - Use other risk-reduction practices inconsistently, including condoms.
  - Report substance use.
  - Have mental health disorders, including those with serious persistent mental illness.
  - Report intimate partner violence.
  - Have unstable housing or limited social support.
  - Report a recent STI.
  - Request PrEP even if they have a partner living with HIV with an undetectable viral load.

REFERENCES


