

Selecting an Initial ART Regimen

Acceptable Alternative Formulations and Methods of Administration of Antiretroviral Medications

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Drug	Available as Liquid, Powder, or Chewable Tablet?	Can Tablet be Split/Crushed/Dissolved?
<i>Single-Tablet Formulations</i>		
Abacavir/lamivudine/ dolutegravir (ABC/3TC/DTG; Triumeq)	No	Probably acceptable to split/crush
Tenofovir alafenamide/ emtricitabine/bictegravir (TAF/FTC/BIC; Biktarvy)	No	No data; not recommended
Tenofovir alafenamide/ emtricitabine/cobicistat/ darunavir (TAF/FTC/COBI/DRV; Symtuza)	No	No data; not recommended
Tenofovir alafenamide/ emtricitabine/elvitegravir/ cobicistat (TAF/FTC/COBI/EVG; Genvoya)	No	No data; not recommended
Tenofovir alafenamide/ emtricitabine/rilpivirine (TAF/FTC/RPV; Odefsey)	No	No data; not recommended
Tenofovir disoproxil fumarate/ emtricitabine/doravirine (TDF/3TC/DOR); Delstrigo)	No	No data; not recommended
Tenofovir disoproxil fumarate/ emtricitabine/efavirenz (TDF/FTC/EFV; Atripla)	No	No data; not recommended
Tenofovir disoproxil fumarate/ emtricitabine/rilpivirine (TDF/FTC/RPV; Complera)	No	No data; not recommended
<i>Fixed-Dose Combinations</i>		
Abacavir/lamivudine (ABC/3TC; Epzicom)	See individual components on next page	Probably acceptable to split/crush
Darunavir/cobicistat (DRV/COBI; Prezcoibix)	No	No
Tenofovir alafenamide/ emtricitabine (TAF/FTC; Descovy)	No	No
Tenofovir disoproxil fumarate/ emtricitabine (TDF/FTC; Truvada)	See individual components on next page	Acceptable to crush/dissolve
Zidovudine/lamivudine (ZDV/3TC; Combivir)	See individual components on next page	Probably acceptable to split/crush

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<i>Individual Drugs</i>		
Abacavir (ABC; Ziagen)	Oral solution (20 mg/mL)	No data
Atazanavir (ATV; Reyataz)	Oral dispersible powder (50 mg/packet)	Can open capsule and sprinkle contents
Darunavir (DRV; Prezista)	Oral suspension (100 mg/mL)	Probably acceptable to crush
Doravirine (DOR; Pifeltro)	No	No data
Dolutegravir (DTG; Tivicay)	No	Acceptable to crush
Efavirenz (EFV; Sustiva)	No	No
Elvitegravir (EVG; Vitekta)	No	No data
Emtricitabine (FTC; Emtriva)	Oral solution (10 mg/mL)	Acceptable to open and dissolve in water
Lamivudine (3TC; Epivir)	Oral solution (10 mg/mL)	Acceptable to crush or split
Raltegravir (RAL; Isentress)	Chewable tablet (25 mg, 100 mg); oral powder for suspension (100 mg/packet); neither is bioequivalent to the 400 mg adult dose	Not recommended
Raltegravir HD (RAL HD; Isentress HD)	No	No data, not recommended
Rilpivirine (RPV; Edurant)	No	No data, not recommended
Ritonavir (RTV; Norvir)	Oral solution (80 mg/mL)	No
Tenofovir disoproxil fumarate (TDF; Viread)	Oral powder mixed with soft food only (40 mg/1 g)	Acceptable to dissolve in water

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