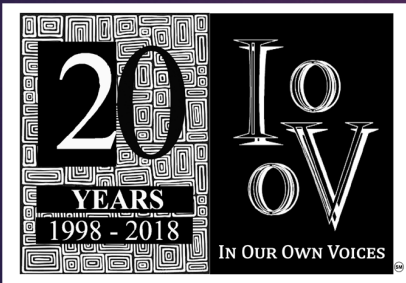


PrEP for Transgender Women: Successes, Challenges, and Opportunities

LA'MIA AIKEN
TRANSCARE ADVOCATE





IOOV Mission Statement:

*TO WORK FOR AND ENSURE THE PHYSICAL, MENTAL, SPIRITUAL,
POLITICAL, CULTURAL AND ECONOMIC SURVIVAL AND GROWTH OF
LESBIAN, GAY, BISEXUAL, AND TRANSGENDER PEOPLE OF COLOR
COMMUNITIES.*

Population of Trans Women on PrEP- Percentages and Risk Factors

- ▶ Ages ranged from 26-50 years old
- ▶ 100% identified as Transgender Women
- ▶ 98% of our linkages and referrals were trans women of color.
- ▶ Approximately 30% were active sex workers.
- ▶ Approximately 90% abused substances regularly.
- ▶ Approximately 40% DID NOT engage in sex work.
- ▶ 100% did not engage in traditional monogamous relationships.

Key Aspects of Program Design

- ▶ Utilized the experiences and feedback of the TGNC community in development of programs and policies. Services are for us and by us (FUBU)
- ▶ Providing free Rapid HIV/HEP C on-site testing with linkages to community partners
- ▶ Allowing easy access through walk-in services, appointments, and off site/home visits for the shut in/homebound
- ▶ Employing strength based, sex positive, harm reduction approaches to service provision
- ▶ Utilization of peer services

Keys to Success

- ▶ Holding culturally specific safe and affirming spaces
- ▶ Allowing clients a diverse selection of community based PrEP providers
- ▶ Assessing individual and community health needs on a quarterly and/or annually basis
- ▶ Providing TGNC specific Training & Technical Assistance to community partners

Lessons Learned

- ▶ Having an intimate knowledge of the dynamics, trends, behaviors and needs of the TGNC community that you serve (no cookie cutter approach/presentations)
- ▶ Understanding the importance of M.O.U's/Community Partnerships
- ▶ Holding space for PrEP providers to give In-Services
- ▶ Having educational information related to the side affects and costs of PrEP
- ▶ Having continued dialogue around the narrative of U=U and how to engage their partners in PrEP

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In Our Own Voices offers a variety of programs designed to promote the health and well-being of LGBT people of color throughout the Capital Region.