

PrEP for Adolescents

Report from the Adolescent AIDS Program
Children's Hospital at Montefiore
Bronx, NY

November 18, 2015

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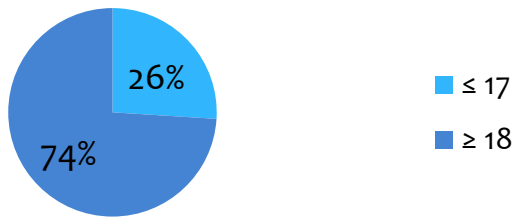
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PrEP Program at AAP

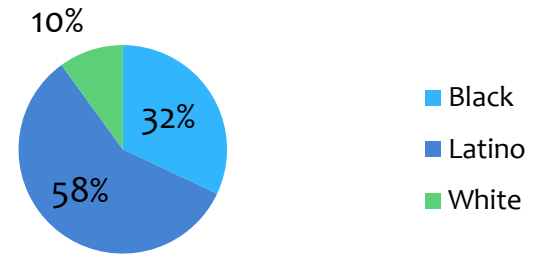
PrEP Clients – Jul. 2014- Nov. 2015

Screened for PrEP – see pie chart	31
Clinically Assessed for PrEP	14
Prescribed PrEP	7
Waiting for PrEP	3

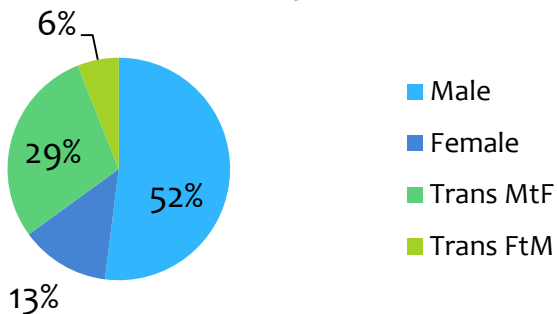
Age n=31



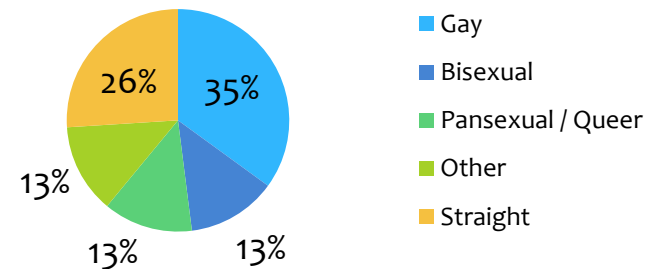
Race n=31



Gender n=31



Sexual Orientation n=31



PrEP Utilization (n=7)

Client	Age	Race	Gender Identity	Sexual Orientation	Insurance
Client #1	20	Latino	Male	Bisexual	Private insurance w/ \$110 monthly copay – Gilead
Client #2	20	Latino	Male	Gay	Private insurance w/ mail order only
Client #3	19	Latina	Female	Straight (HIV+ partner)	Medicaid
Client #4	25	White	Male	Gay (HIV+ partner)	Private insurance w/ mail order only
Client #5	19	Latina	Transwoman	Queer	Private insurance w/ mail order only
Client #6	16	Latino	Male	Straight (HIV+ partner)	Medicaid
Client #7	19	White	Male	Gay	Private insurance w/ \$150 monthly copay – Gilead

Cases

- 16 yo; father consented to PrEP; father is living with HIV; understood the importance of keeping his son HIV negative
- 15 yo group-home resident; engaging in risky sexual behavior; very limited knowledge of HIV and prevention; did not think he could remember to take a pill but will try to use condoms consistently

Barriers to Adolescent PrEP Uptake

Primary Issue for Youth Not Prescribed PrEP (n=21)

Low Perception of Risk	6
Adherence Challenges	4
Parental Disclosure	4
Low Risk at this Time	3
Other Medical Priorities	2
Not Ready	2

PrEP Service Model

AAP's Protocol

- Sept. 2015 finalized PrEP Policy and Procedure (based on CDC and NYS DOH)
- Minors assessed on a case-by-case basis

Staff

- Attending physician, NPs, PrEP specialists (social worker and LPN)
- All staff received CME training

Recruitment

- Clinical referrals from medical providers; linkage agreements with CBOs
- Word of mouth, partner referrals, packaged with clinical services (hormones & STI screening)

Paying for PrEP

- Private insurance
- Medicaid
- Gilead Patient Assistance & Co-payment Program
- NYS PrEP-AP

- Private fund for minors or uninsured patients

- So far, no denials from private insurance
 - prior-authorization sometimes required

Program Metrics

- % screened, assessed & prescribed
- Retention in care
- Adherence, self report
- Seroconversions
- Patient satisfaction
- Qualitative assessment of facilitators and barriers

Program Challenges

- **Private insurance**
 - Prior authorizations, high copayments (\$100+/month), requirement for mail-order pharmacies and EOBs threaten confidentiality
- **Parental consent**
 - At least 2 youth MIA from all medical/mental health care after told they needed parental involvement
- **Multiple follow up visits**

Program Successes

- Dedicated PrEP specialist
- Primary care as gateway to PrEP: HIV/STI testing, hormone care
- Continued engagement of patients not initially interested
- Flexibility with follow-up/in-person visits
- Improved psychosexual health

Priorities for Change

1. Insurance coverage for minors
2. Parental consent waiver
3. Increased access in primary care settings
4. Scaling up routine HIV testing
5. Understand and communicate current youth facilitators to PrEP

Referrals

Adolescent AIDS Program Montefiore

Adolescent AIDS Program

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