PrEP for Adolescents: Successes, Challenges & Opportunities

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Defining the End of AIDS

**Goal**
Reduce from 3,000 to 750 new HIV infections per year by the end of 2020.

**Three Point Plan**

1. Identify all persons with HIV who remain undiagnosed and link them to health care.
2. Link and retain those with HIV in health care, to treat them with anti-HIV therapy to maximize virus suppression so they remain healthy and prevent further transmission.
3. Provide Pre-Exposure Prophylaxis for persons who engage in high risk behaviors to keep them HIV negative.

Governor Andrew Cuomo announcing his new initiative to combat the AIDS epidemic before the 2014 NYC Gay Pride Parade.

Credit: Michael Appleton for The New York Times
Trends in HIV and AIDS Cases*
New York State, 1984 – 2013

*Data as of April 2015
*HIV naming reporting began in NYS in 2000
Blueprint Recommendations for PrEP and PEP

3. Provide access to PrEP for persons who engage in high-risk behaviors to keep them HIV-negative.

- **BP11:** Undertake a statewide education campaign on PrEP and nPEP
- **BP12:** Include a variety of statewide programs for distribution and increased access to PrEP and nPEP
- **BP13:** Create a coordinated statewide mechanism for persons to access PrEP and nPEP and prevention-focused care
- **BP14:** Develop mechanisms to determine PrEP and nPEP usage and adherence statewide
“Minors determined by a provider experienced in adolescent health to have capacity to give informed consent for care should be able to receive PrEP or nPEP without parental consent.”

BP12, pg. 23
www.hivguidelines.org

Recommendation: PrEP should be offered to adolescents at high risk for HIV infection.

- Providers should carefully weigh the potential benefits and risks, including acquiring HIV infection, before prescribing PrEP to a younger adolescent and should make clear that the efficacy of PrEP is highly dependent on strict adherence.

- Clinicians should refer to their institution’s policy or consult with the institution’s legal department about consent to care for adolescents under 18 years of age according to New York State law.
Policy

Explanation of Benefits

• Maintaining the confidentiality of a minor’s health information.

Minors and consent

• Permitting minors to consent to their own care and prevention services.
www.prepforsex.org

PrEP Campaign