## 6. Transition Policy – The PATH Center at the Brooklyn Hospital Center

<table>
<thead>
<tr>
<th>Subject</th>
<th>Transitioning Services</th>
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<tbody>
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<td><strong>Policy</strong></td>
<td>It is the policy of the Brooklyn Hospital Center Family Program to provide transitioning services to youth 21 years of age who have been in care prior to his/her 21st year. New patients who are 21 years of age are referred to the Adult PATH Program for care.</td>
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| **Procedure** | The pediatric-adolescent medical provider will begin to discuss transitioning the adolescent when issues of sex, body image and body changes begin to occur. Transitioning with females may start when the young woman begins her menses and needs to be referred to the Gyn provider. **Steps of Transitioning:**
1. Assessment by the Medical Provider. This includes assessment of the young adult’s ability to: name current medications; convey that they are aware of who their provider is and how to reach the provider in case of an emergency; demonstrate a full understanding of their diagnosis and keeping medical appointments.
2. Patient will then be discussed in multidisciplinary meeting.
3. Meeting is held with the parent and the young adult.
4. Several meetings held with pediatric-adolescent CM, Adult CM, and the young adult to discuss issues or concerns the young adult might have about the transition.
5. Discussion between adult medical provider and pediatric-adolescent medical provider.
6. Transition decision is made.
7. Patient is introduced to his/her new adult medical provider.
8. First appointment made with the new adult provider. When considering transition, cognitive development, level of maturity, and age-appropriate interventions are always considered. Patients who have difficulty with the transition can remain in the program and age-out into the adult program at the age of 24. In this case the medical teams from both programs collaborate on the care of the patient. Young adults in the process of transitioning are also given the option to continue to participate in adolescent activities until they are fully comfortable with the transition to adult care. |

Approved: ________________________________ Executive Director, PATH Center

______________________________ Director, PATH Center