### 1. Transition Tool

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#### Knowledge of Health Condition and Management

- Child interacts directly with health care team, asks questions.
- Assess child’s knowledge and perception of diagnosis. Build on their understanding.
- Assess adolescent/family’s readiness and assist with disclosure.
- Able to answer “What is HIV?”
- Able to answer “What are T cells?”
- Able to answer “What is a viral load?”
- Verbalizes names and dosages of medications.
- Verbalizes rules for taking medications (with food, etc).
- Able to fill prescriptions and obtain refills.
- Verbalizes known possible side effects of medications.
- Takes medications independently.
- Able to independently make appointments.
- Able to independently give history.
- Verbalizes when and how to call the doctor.
- Verbalizes when and how to access urgent/emergent care.
- Able to set up transportation for appointments.
- Keeps calendar of appointments.
- Able to identify members of the health care team, roles and how to contact.

White areas are suggested ages to address individual skills but plans would be individualized based on development, social situation and time of entrance into program. Please date and initial discussion/achievement boxes.

*Continued on the next page*
### 1. Transition Tool, continued

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#### Adolescent Engages in Preventive Health Behaviors

- Visiting dentist every 6 months.
- Engages in preventive behaviors (exercise, nutrition, TSE, BSE, etc).
- Abstains from using alcohol, drugs, cigarettes and/or of risk reduction behaviors.

#### Adolescent Demonstrates Knowledge of Responsible Sexual Activity

- Identifies high risk situations for exploitation and victimization.
- Knowledge of contraception options, STDs, STD prevention.
- Understands implications of diagnosis on pregnancy.

#### Adolescent Demonstrates Knowledge of Health Insurance Concerns and Issues

- Identifies when eligibility terminates for health insurance.
- Verbalizes type of insurance, limits of coverage, how to contact.
- Knowledge of AIDS Insurance Continuation Program.

#### Adolescent Demonstrates Knowledge of Community Resources

- Case Management – THAP, etc
- Support Groups
- ADAP: AIDS Drug Assistance Program

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